



Season's Greetings

Eurocarers wishes you a very happy and successful 2020
Let's continue to support and empower carers across Europe

Dear Members of the Eurocarers network,

As we are about to close yet another exciting year marked by many promising developments for carers around Europe (as reported in the previous newsletters), we want to warmly thank you for your continuous support and amazing commitment to the European Carers Movement. Please be reassured that our Secretariat will continue to do its utmost best to maintain this positive impetus. In doing so, we sincerely hope that 2020 will see the fulfilment of your hopes and dreams.

In order to further support our collective efforts, we have prepared a very rich programme of activities for 2020, as you will see below. As usual, the themes and location for these events have been defined in collaboration with you and we are able to cover the costs of your participation to the extent of our available budget.

Please do not hesitate to contact Riika Lempiainen (rl@eurocarers.org) for additional information.

19 February – Eurocarers Young Carers Working Group (EYCWG) meeting, Brussels

The EYCWG meeting will focus on planning and preparing for the involvement of young carers during the 3rd International Young Carers Conference 2020 (please see below). Please note that the Final Dissemination Event of the [Edy-Care project](#) will take place on the morning of the same day in Brussels (same venue). As you know, Edy-Care aims to empower teachers and other school staff in upper secondary education to recognise adolescent young carers (16-19 years old) in classes and maximize their learning opportunities, while ensuring their social inclusion. This Final Event will serve to present and discuss the project's findings and next steps. You are all welcome to join the event.

17-18 March – Eurocarers Research Working Group meeting in Brussels

The Research meeting will seek to address the topic of the definition of informal care from a research perspective. It will also build on previous discussions regarding the development of good quality indicators in the field of care and caring. Finally, the meeting will, as always, allow to identify and discuss new funding opportunities for research on care and caring and present some latest news on our ongoing research programs. Detailed agenda and more information on how to register will be sent later on.

24 March – European Parliament Interest Group on Carers in Brussels

This Interest Group meeting will focus on the European Strategy on Carers, introduced by Eurocarers at the end of 2018, and on the progress made regarding its implementation at national and regional level. The programme for the event will include testimonials from carers in different European countries, followed by a presentation and discussion on recent/planned policy developments of relevance to carers.

29 April – In-country Policy Dialogue on Young Carers with Family Carers Ireland, Dublin, Ireland

In April 2020, Family Carers Ireland will organise a Young Carers Conference, funded by the Irish Government. The event is co-hosted by Eurocarers. European countries are at different stages of awareness and support for young carers. The presence of key speakers from countries other than Ireland will add an international perspective to the event and enable an enriching exchange of experiences and practices.

More details will be sent closer to the **event**.

27-28 May – Eurocarers’ AGM 2020 and Policy Working Group, in Vila Nova de Gaia, Portugal

Our annual AGM will be co-hosted by our colleagues from [Cuidadores Portugal](#) and will take place in Vila Nova de Gaia on Wednesday 27 May (afternoon) and Thursday 28 May (full day). The programme will be designed to provide you with opportunities to share and build knowledge on issues relevant to your work, and we hope to welcome you in large numbers. The AGM will be followed by an In-country Policy Dialogue on Developing a policy environment suitable to Carers’ needs, on Friday 29 May. A detailed agenda and more information on how to register will be sent later on.

6 October – Kick off of the European Carers Day

More details will soon be circulated

October – Eurocarers delegation to the Scottish Carers Parliament, Edinburgh, UK

Each year, Carers Scotland, on behalf of the Scottish Government and in partnership with the national carer organisations, organise a “Carers Parliament” allowing carers from across Scotland to gather and interact with their policy makers. The 8th edition of this very inspiring event should be held at the end of October and Eurocarers will once again arrange for the participation of a delegation of our member organisations. .

Eurocarers also has the pleasure to co-organise with the [Swedish Family Care Competence Centre](#) and [Linnaeus University](#) the **3rd International Young Carers Conference in Brussels on 16-17 November 2020** (Note that separate registration fees will apply to all participants to this conference). The Conference

will reflect on the concrete actions required to enable young carers to reach their full potential. The need to “Identify, Support, and Listen to young carers” were the main recommendations identified by young carers themselves during the previous conference in Malmö in 2017 and this entails the participation of a multiplicity of stakeholders. Research, practices, policies and experiences around these main themes will therefore be shared in order to reinforce mutual learning among stakeholders and countries. More information on the conference website at <https://eurocarers.org/2020-iycc/>

Please also note that the **call for abstract is now open** and that we are looking forward to receiving your contribution for this important event. [More info here](#).

Study Visit – topic, date and venue to be confirmed

Eurocarers intends to co-host an in-country study visit on a topic relevant to care and caring. Our study visits provide opportunities to meet around specific challenges and opportunities, to learn from each other and to brainstorm on the policies and practices required to make progress. Our previous study visits focused on Young Carers, Work-Life Balance for carers, Discrimination by association and ICT-based solutions for carers. If you want to suggest a topic and/or co-organise the study visit with our secretariat, please contact Riika Lempiainen (rl@eurocarers.org).

About this newsletter

We kindly remind you that this newsletter is yours; you are kindly encouraged to share your achievements and challenges with the other members of Eurocarers. So if you wish to submit an article to the Eurocarers website (and therefore to this compilation) or subscribe one of your colleagues to the newsletter, please send a message to our Communication Officer, Olivier Jacquain.

If you have any question or suggestion, feel free to reply to this email and share them with us.

With best regards,

The Eurocarers Secretariat

EU POLICY DEVELOPMENT

[Launch of Eurocarers' Position Paper on the European Social and Investment Funds](#)

On Dec. 17, 2019

Policy



Since its creation, Eurocarers has been working to support organisations representing informal carers accessing EU funding opportunities to develop innovative projects in the area of care, building on their expertise, in order to contribute to EU policy objectives of social inclusion, access to employment and modernisation of health and long-term care systems.

[Read more »](#)



[Eurocarers contributed to the 18th European Meeting of People Experiencing Poverty](#)

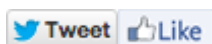
On Dec. 17, 2019

Policy



The 18th European Meeting of People Experiencing Poverty was organised by the European Anti-Poverty Network (EAPN) with the support of the EU Commission and the EAPN Fund, and with the participation of the Finnish Presidency of the Council of the European Union on 18-19 November.

[Read more »](#)



[Encouraging outcomes of the December EPSCO*](#)

[Council](#)

On Dec 17, 2019

Uncategorized



During their meeting on 9 and 10 December, the Ministers of Employment and Social Affairs of the European Union adopted some encouraging conclusions. Firstly, regarding the objective of inclusive labour markets, they highlighted “the economic value of providing better employment...

[Read more »](#)



[OECD report on pensions – Countries should strengthen pension systems to adapt to changing world of work](#)

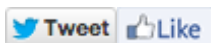
On Dec 17, 2019

members only



Governments should urgently reform their pension systems to ensure that the growing share of workers in temporary or part-time employment can contribute enough during their working lives to receive an adequate income in retirement, according to a new OECD report....

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[State of Health in the EU](#)

On Dec 17, 2019

members only



What is the state of health in your country? Discover the profile of your health system in this report published by the European Commission. Country Health Profiles are being issued with the Companion Report that shows some of the biggest...

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[CPME – European doctors' perspective on AI implementation in health care](#)

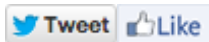
On Dec 17, 2019

members only



European doctors recognise the impact of the digital transformation on medical practice and the potential of AI to become a unique instrument in this set of emerging health care tools. However, its confident and effective use depends on understanding its...

[Read more »](#)



[EPRS – Introduction to the European Semester: Coordinating and monitoring economic and fiscal policies in the EU](#)

On Dec 17, 2019
members only



Introduction to the European Semester

This is an introduction to the so-called “European Semester”, the EC’s mechanism for economic governance which increasingly impacts social agendas and now serves as a one of the vehicles for our advocacy message. The Semester and our analysis of it...

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RESEARCH IN ACTION

[Paying the Price: The Physical, Mental and Psychological Impact of Caring in Ireland](#)

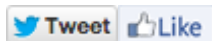
On Dec 17, 2019

Members, Research



Despite the despite the centrality of care to our everyday lives and the enormity of family carers' unpaid contribution, two reports recently published by Family Carers Ireland show that carers are paying the price for inadequacies in public systems of...

[Read more »](#)



NEWS FROM THE NETWORK

[The impact of caring on education and social inclusion: an assessment tool](#)

On Dec 12, 2019

EdyCare



The EDY-CARE project aims to empower teachers and other school staff (e.g., school nurses, psychologists, social workers, management) in upper secondary education to recognise adolescent young carers (16-19 years old) in classes and maximize their learning opportunities, while ensuring their...

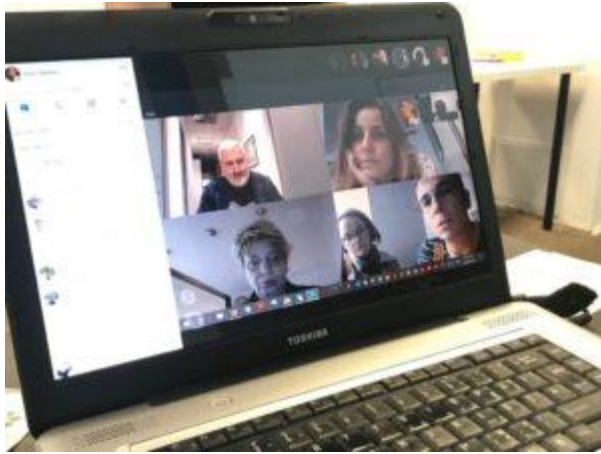
[Read more »](#)



[Piloting of the Care4Dem model of online Mutual Aid Group for carers started in Romania](#)

On Dec 11, 2019

Care4Dem



The training course for facilitators was implemented by the European Association for Social Innovation in September 2019 in Bucharest, allowing the piloting of the intervention to be started. The CARE4DEM training course for facilitators of mutual aid groups took place...

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[Fruitful Care4Dem partners' meeting last 12 December in Amadora](#)

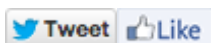
On Dec 17, 2019

Care4Dem



On 12 December, Care4Dem's partners held their fifth project meeting, in Amadora, near Lisbon. This meeting provided the opportunity to know better about the host organisation, Aproximar, a social cooperative providing a wide range of training opportunities in their community....

[Read more »](#)



[Interested in taking part in the piloting of the Care4Dem intervention?](#)

On Dec 17, 2019

Care4Dem



The Care4Dem model of an online Mutual Aid Group for informal carers of people with dementia is now available. To date, all the components of the Care4Dem model of an online Mutual Aid Group (MAG) for informal carers of people...

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[Homes4Life and age-friendly housing](#)

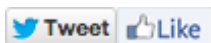
On Dec. 9, 2019

Homes4Life, News



Eurocarers is a partner in this Homes4Life project that in a 2-year period aims to develop a European certification scheme for age-friendly housing. In December it reached its halfway mark.

[Read more »](#)



[Provide your feedback: Participate in short ENhANCE online survey](#)

On Dec 9, 2019

[ENhANCE](#), [News](#)



If you are active in the field of community-based care or have contacts with community nurses, we would be keen to receive your feedback on what this project has developed so far. Please send an email to nk@eurocarers.org so that we can share the link to a brief online survey.

[Read more »](#)



[S.H.I.F.T. A guide to shift towards meaningful inclusion of persons with disabilities and their families](#)

On Dec 4, 2019

Press release



Our colleagues from the COFACE Disability platform for the rights of persons with disabilities and their families produced the S.H.I.F.T. guide to achieve meaningful inclusion of persons with disabilities and their families.

[Read more »](#)

